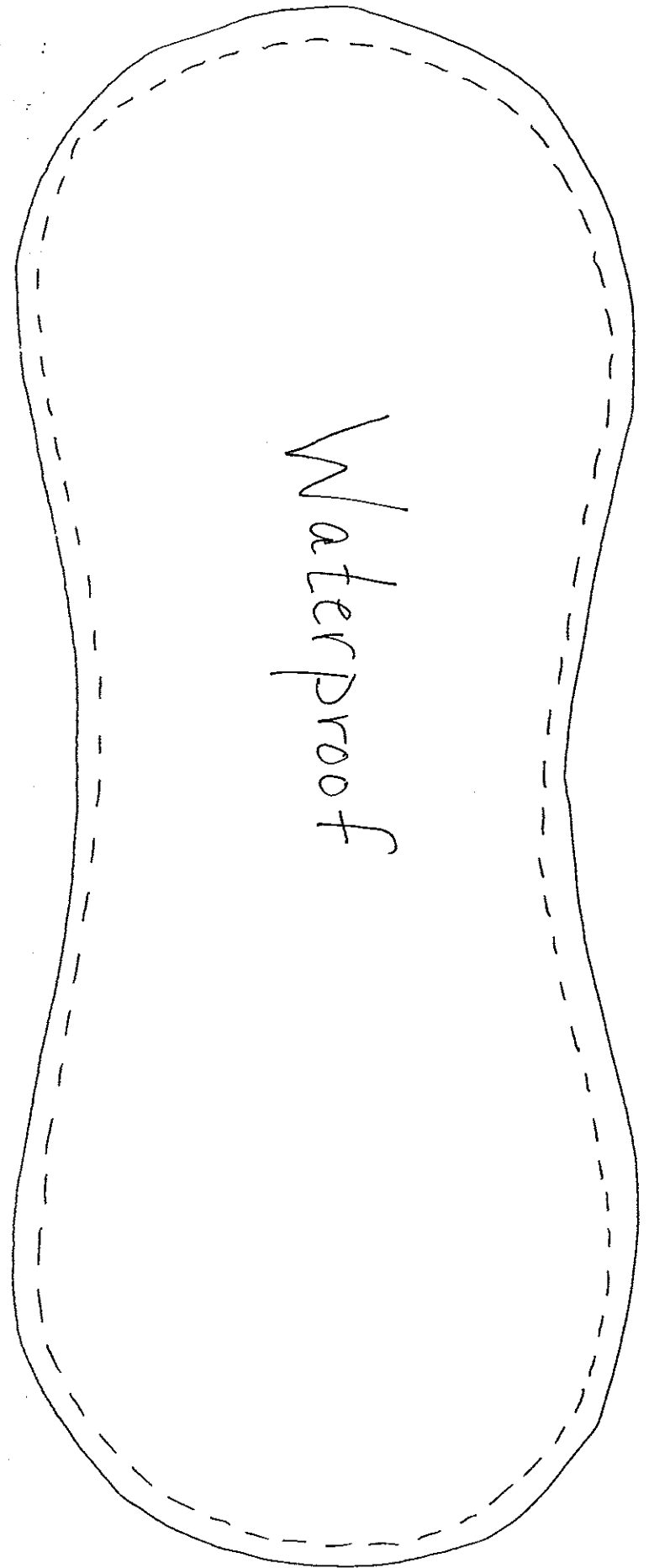
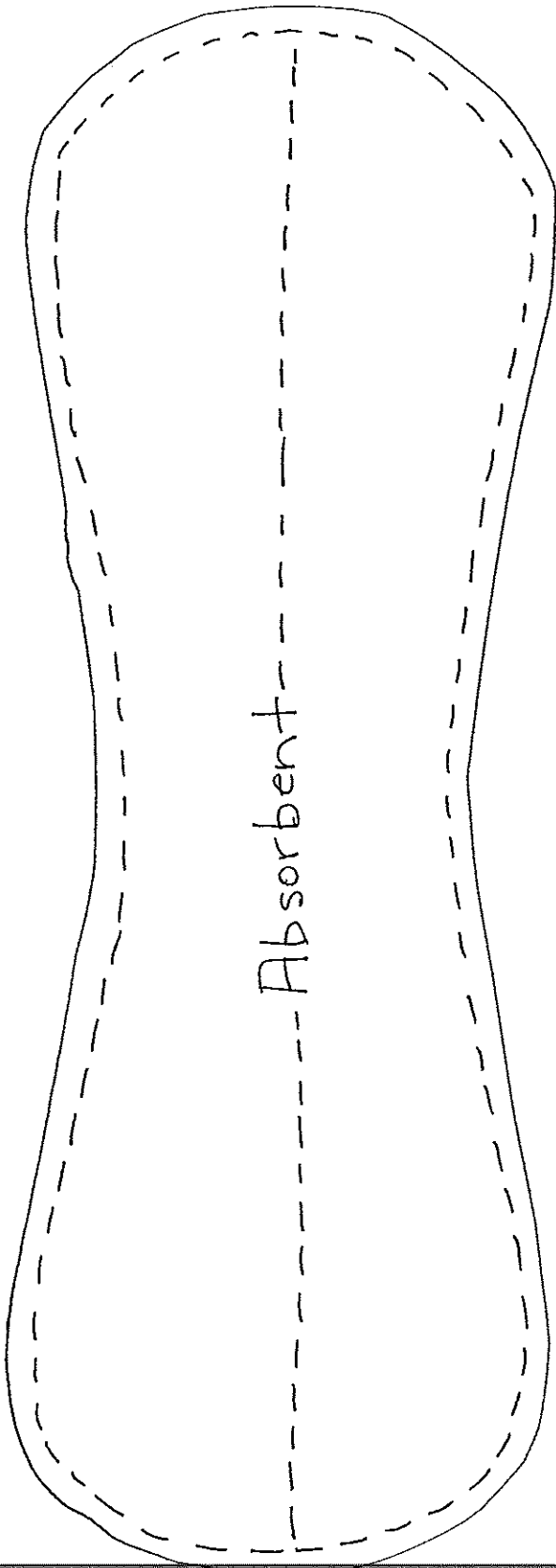


Copy these patterns off onto an empty cereal box or Totino's pizza box. That cardboard is just the right thickness to work well.



PAD SEWING INSTRUCTIONS

Center absorbent layer(s) on the WRONG side of one cover piece. Stitch straight down the center of the absorbent piece, then turn and stitch all the way around absorbent layer about ¼" from the edge. (Stitching down the center holds it in place.) The ¼" allowance makes it easy to trim if towel is old and stretches when sewing, as it often does.

Place waterproof layer, absorbent white side down, over layer of toweling and stitch all the way around near the edge, catching only the waterproof and cover fabric.

Place that sewn cover piece wrong side down onto the wrong side of a 9" x 11" rectangle piece of fabric positioned corner to corner, then stitch cover and rectangle (back cover) together at the "wings" by stitching from edge to edge on both sides. (When the people serging the pads become more proficient, it's possible to omit sewing the wings.)

Serge around entire pad, using the serger knife to cut excess of rectangle off. DO NOT cut the thread tail from the serging. The starting tail can be serged over and cut with knife, but the ending tail should be threaded into a tapestry needle and pulled through under the serging stitches as far as possible. This keeps the serging from coming loose when the pads are washed. Any areas of serging that need repairs can be done on a regular sewing machine with a zig-zag stitch.

To snap the pads, insert the snap cap (looks like a thumbtack) into one of the wings on the top side pointing down toward the backside an inch or so from the outer edge. Then fold that wing up onto the pad itself so that the sharp portion of the cap is sticking upright. Bring the other wing up far enough that it will be fairly tight, then make a hole in that wing where the other cap will go using the sharp portion sticking up. That makes it a bit easier to insert the second cap, too. Insert the second cap into that opposite wing from the back side to the front. The pads will fold around the crotch of panties, so it should be snug and not loose enough to slide around.

I have drawn placement lines on the cover pattern to show where the absorbent and waterproof layers should go. The other lines on the wings show the stitching lines. On the waterproof and absorbent patterns I have marked approximate stitching lines.

All fabric needs to be washed first WITHOUT any fabric softener at all. White thread is fine regardless of the color of the fabric. We use only woven fabrics for the covers because knit stretches. Towels, even mattress pads, can be used as absorbent layers. If it's old and fairly thin, you may choose to use more than one thickness and simply sew them as one.

The waterproof fabric is called PUL, and we purchase it from a company called Fabrite because we buy in bulk. There are other companies that sell it in much smaller quantities. What we're using currently is called Soaker PUL.

If you don't have your own snaps and snap press, don't worry about it, just send them to me to be snapped. I have a big strong son who helps out by snapping for us, and we have lots of snaps. I don't mean for people to have to spend their own funds when they're kind enough to do work for us.

Whatever you're able to get done will be great. Whenever you have some completed, please send them to:

Project Patricia
5719 NW Creekview Dr.
Parkville, MO 64152

Thanks for your servant's heart.